

It Wasn't Just a Program

More Testimonies of Spiritual Growth from Back to the Altar | 100 Days of Prayer



It has always been very difficult for me to find time to talk to God but during 100 Days of Prayer, my life has been greatly impacted, and things I thought were impossible to me are now possible. I now love sharing the gospel with my friends and neighbors as well. And my prayer is that these last 100 Days of Prayer should continue up to 1000 days of prayer such that our spiritual strength can be transformed even more for what is coming. – **Bwambale, Uganda**

In the beginning, I joined Back to the Altar | 100 Days of Prayer by myself. I would leave the bedroom to join the Zoom sessions in the living room, not wanting to disturb my husband as it was very early in the morning. But two weeks into the program, I was impressed to stay in bed while joining the prayer session. That day my husband turned to view the Zoom call. I placed the tablet to where both of us could see the program. After that he joined me every week. Sometimes he would remind me days ahead of the next meeting, not to forget to join the Zoom meetings. I praise God for His faithfulness in drawing our family closer together. – **Flora, USA**

For 23 years, I have had the privilege of serving in the ministry of the Seventh-day Adventist Church here in Fiji. Over the years, I've walked with many people through joy, sorrow, revival, and spiritual drought. But nothing could have prepared me for the personal shift that would come through the initiative called Back to the Altar.

Before embracing this movement, I would consider myself spiritually active, yet inwardly I struggled with a scattered devotional life. My prayer routine was busy, filled with many requests, personal burdens, and ministry needs. And yet, I sensed there was something more. I was missing a deeper stillness, a more intimate communion I had not yet tapped into. When the Back to the Altar initiative was introduced, I responded out of curiosity and duty. But soon, it became much more. This wasn't just a program. It was a call from God—personal, powerful, and life transformative. Since I was first introduced to Back to the Altar almost four years ago, this journey has completely transformed my personal devotional life. Where once I came to God with a long list of requests, now I approach Him with three simple, deeply spiritual prayers each day: 1. A prayer for the infilling of the Holy Spirit – because without the Spirit, I cannot minister effectively or live faithfully. 2. A prayer for overseas mission – because my heart longs to see the gospel carried to places where Christ's name is unknown. 3. A prayer for people who are hurt – because as a shepherd, I feel their pain and long for God's healing. This refined prayer focus has brought depth, clarity, and joy to my time at the altar each morning. I no longer pray out of pressure, but from a place of passion.

The ongoing impact continues. Back to the Altar has reshaped not just my prayers, but my posture before God. I now get up each morning with a renewed purpose—to seek His face before I seek His hand. My ministry has grown more Spirit-led. My burdens feel lighter. And my connection with the hurting is now rooted in intercession, not mere sympathy.

My appeal to others: If you're reading this and your devotional life has grown cold or cluttered, I invite you—go back to the altar. Not to a routine, but to a relationship. Not just to ask, but to abide. You'll find, as I did, that three prayers prayed earnestly can be worth more than a hundred words spoken hurriedly. – **Pastor Arivakisati Niumataiwalu, Fiji**

World Church Prayer Requests

JULY 25 — 31, 2025

- **World Church:** As newly elected leaders, from GC Session, make plans to move and settle into their new positions, pray for wisdom and courage for their spouses and family members that make these significant moves with them.
- **Cameroon:** Pray that the Lord will touch the hearts of God's people so they will understand the need of being united in prayer for His mission and glory.
- **United States:** Pray that as the Women's Ministry has been working to encourage and empower those in their reach, so a Men's Ministry can do the same. Pray also that the Family, Youth, Children's, Pathfinders, and Adventurers Ministries will unite in engaging the full church to work together in humble love and move forward in faith even when God has not revealed His full plan.
- **Zimbabwe:** Pray for the Chingezi SDA Church. They are a small group of believers who have been worshipping under the trees with no hymnals and only a few pages from a Bible. Praise the Lord, He has worked miracles and begun the process of providing their own church structure despite the financial restrictions of the members. Pray that God will provide resources and volunteers to finish the new church and pray also for complete Bibles and hymnals for the devoted members.
- **Papua New Guinea:** Pray that as the work has started in Papua New Guinea, so God will continue it. Pray that He will train His people to become disciple makers and lead them to share His final message with all people near and far. Pray that the leaders and laypeople alike would seek to grow new interests in their communities and retain new members through discipleship.
- **Zambia:** Pray for the City SDA Church and others in the region. Pray that as they prepare for Camp Meeting, the members will be united and resourceful. Pray that this time of togetherness will be a training ground for God's plans in their communities.
- **Nigeria:** Pray for the Western Nigeria Union Conference as they prepare for the Hope Channel Satellite Evangelism initiative coming up in Lagos. Pray that the Holy Spirit will go ahead to prepare hearts and that the members will be unified in Jesus to receive those whose lives are changed by the Word of God.